



Меѓународен Универзитет Визион - International Vision University
 Universiteti Ndërkombëtar Vizion - Uluslararası Vizyon Üniversitesi

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SYLLABUS

COURSE NAME	COURSE CODE	SEMESTER	COURSE LOAD	ECTS
EMOTIONS AND MOTIVATION	PSY1006	II	180	6

Prerequisite(s)	None
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Course Language	Macedonian, Turkish, English
Course Type	Required
Course Level	First Cycle
Course Lecturer	
Course Assistants	
Classroom	
Extra-Curricular Office Hours and Location	Meeting: Consultancy:

Course Objectives	To understand the basic concepts during the main goal of emotion and motivation, theoretical explanations for emotions and receive information on the development of mood disorders and learning activities to help with motivation to find meaningful and valuable, to strengthen students benefit from them.
Course Contents	In our everyday lives of our role and importance of emotions, feelings round and varieties, the development of emotions, the nervous system and emotions, emotional control and eradication, according to the theory of emotion, feeling the intensity of mobility, motivation-motivation, types motivation , motivational theories, theoretical approaches to motivation, educators tips on motivation, personal factors that affect motivation, results, defense mechanisms.

WEEKLY SUBJECTS AND RELATED PREPARATION STUDIES

Week	Subjects	Related Preparation
1	Emotional (affective) and motivation (motivation)	Related Chapters of Course Sources
2	Our emotions, feelings Place of emotions in human life	Related Chapters of Course Sources
3	Feeling emotions Circle Circle -Plutchik Positive - negative emotions Making the positive and negative effects Effects of positive and negative influences on body	Related Chapters of Course Sources
4	Our feelings You Language, Language I	Related Chapters of Course Sources
5	The nervous system and emotions The autonomic nervous system Physiological symptoms of emotions	Related Chapters of Course Sources
6	Classification of feeling Fear, joy / happiness, anger / resentment, Sadness / grief, nausea / nausea, hope / expectation Accept / be amazed / surprise / surprise	Related Chapters of Course Sources
7	Mid-term Exam	Related Chapters of Course Sources
8	Theories of emotion James - Lange Theory Top-Bard Theory Cognitive theory Sociobiological theory	Related Chapters of Course Sources
9	Motivation (motivation) -Basic concepts	Related Chapters of Course Sources
10	Types of motivation Internal and external	Related Chapters of Course Sources
11	Motivations, impulses, motivation Punishment and reward Maslow's Hierarchy of Needs	Related Chapters of Course Sources
12	Motivation more related theories Access behavioral approach Access social learning	Related Chapters of Course Sources
13	Recommendations regarding motivation Educators Success and motivation	Related Chapters of Course Sources
14	Additional factors that influence motivation Excitement and anxiety Beliefs should Goals	All Chapters of Course Sources
15	Exam	

ECTS / WORKLOAD TABLE

Presentation / Seminar			
Hours for off-the-classroom study (Pre-study, practice)	14	3	42
Midterm Exam	1	12	12
Exam	1	14	14
Total Work Load			
ECTS		6	

GENERAL PRINCIPLE RELATED WITH COURSE

Dear students,

In order to be included, learn and achieve full success that you deserve in the courses you need to come well prepared by reading the basic and secondary textbooks. We are expecting from you carefully to obey to the course hours, not to interrupt the lessons unless is very indispensable, to be an active participant on the courses, easily to communicate with the other professor and classmates, and to be interactive by participating to the class discussions. In case of unethical behavior both in courses or on exams, will be acting in framework of the relevant regulations. The attendance of the students will be checked in the beginning, in the middle or at the end of the lessons. Throughout the semester the students who attend to all lectures will be given 15 activity-attendance points in addition to their exam grades.

LITERATURE

COMPULSORY LITERATURE				
No	Author's Name	Name of the book	Publishing House	Publication Year
1	Emir Kayacan	Motivasyon Teoriler Ve Uygulamalar	Ekin Kitabevi	2020
2	Арнаудова Виолета	Емоции и Мотивација	Табернакул	2013
3	Johnmarshall Reeve	Understanding Motivation and Emotion	Wiley	2018

ADDITIONAL LITERATURE				
No	Author's Name	Name of the book	Publishing House	Publication Year
1	Aylin Kocabaş	Duygusalılık Şekilleri ve Motifleri	Enderun Kitabevi, İstanbul	2006
2	Krec. D Kracfield, R	Elemnti Psihologije	Naučna Kniga, Beograd	1975
3	Rahmi Engün	Duygusalılık ve Teşvik	Enderun Kitabevi, İstanbul	2005

EVALUATION SYSTEM

Underlying the Assessment Studies	NUMBER	PERCENTAGE OF GRADE
Attendance/Participation	15	%20
Project / Event	1	%10
Mid-Term Exam	1	%35
Exam	1	%35
TOTAL	17	%100

ETHICAL CODE OF THE UNIVERSITY

In case of the students are cheating or attempt to cheat on exams, and in the case of not to reference the sources used in seminar studies, assignments, projects and presentations, in accordance to the legislations of the Ministry of Education and Science of Republic of Macedonia and International Vision University, will be applied the relevant disciplinary rules. International Vision University students are expected never to attempt to this kind of behavior.